


MCH Performance Measures, 2026-2030

New mothers receive needed healthcare, mental healthcare, and other needed supports to thrive during and after the postpartum period.


 **Perinatal mental health screening**
Percent of women screened for depression or anxiety following a recent live birth


 **Postpartum visit**
A) Percent of women who attended a postpartum checkup within 12 weeks after giving birth; B) Percent of women who attended a postpartum checkup and received recommended care components


Infants and families have the institutional and community support they need to reduce the risk of infant injury and mortality during the first year after birth.

 **Safe sleep**
A) Percent of infants placed to sleep on their backs; B) Percent of infants placed to sleep on a separate approved sleep surface; C) Percent of infants placed to sleep without soft objects or loose bedding; D) Percent of infants room-sharing with an adult


All children and families thrive, have access to, and use developmentally appropriate services, consistent and family-centered healthcare, and good oral health habits

 **Medical home**
Percent of children with and without special health care needs, ages 0 through 17, who have a medical home


 **Developmental screening**
Percent of children, ages 9 through 35 months, who received a developmental screening using a parent-completed screening tool in the past year


 **Preventive dental visit**
Percent of children, ages 1 through 17, who had a preventive dental visit in the past year


Adolescents have healthy adult role models inside and outside their homes they can trust and talk to as they prepare for adulthood.

 **Adult mentor**
Percent of adolescents, ages 12 through 17, who have one or more adults outside the home who they can rely on for advice or guidance.

All children and youth with special health care needs have access to a well-coordinated medical home and a community support structure that prepares them for a smooth transition to adult living.

 **Medical home**
Percent of children with and without special health care needs, ages 0 through 17, who have a medical home

 **Transition**
Percent of adolescents with and without special health care needs, ages 12 through 17, who received services to prepare for the transition to adult healthcare

 **Cross-cutting: State performance measure of factors affecting health and well-being, resilient families, and basic needs**
Families have healthy environments and access to basic needs to ensure optimal health across the lifespan.

Women/Mothers

Infants

Children

Adolescents

CSHCN